

San Francisco State University
CHILD AND ADOLESCENT DEVELOPMENT MAJOR
Concentration: Youth and Family Services
San Francisco State University
Planning Worksheet
Bulletin Year 2009-10

Program and University Policies

- Starting September 2008, regardless of bulletin year, in order to graduate with a degree from the Child and Adolescent Development Program a student must have at least a C or better for all courses in the major and prerequisites.
- All prerequisite, core, and concentration courses for the Child and Adolescent Development Program must be taken for a letter grade (except for CAD 601 which is only offered for CR/NC).
- A minimum of 36 units must be completed in CAD core & concentration to apply for CAD 600/601.
- Prerequisite courses and CAD 300 must be completed prior to enrollment in CAD 600/601.
- Deadline for CAD 600/601 application- refer to CAD website at <http://cad.sfsu.edu>.
- SFSU policy – student cannot earn credit for both PSY 330 and PSY 431 – the first one taken is the one which counts toward graduation.

Name: _____	Student ID#: _____
Last First Middle	
Address: _____	
Street	City Zip
Home Phone #: _____	Email: _____
Cell Phone #: _____	Fax #: _____

Prerequisites:

Course Prefix /No.	Title	Trans. From	Units	Sem. Taken	Grade
CFS 320 or CAD 360	Children and Families or Children, Family and Community		3		
and					
PSY 330 or PSY 431 *	Child Development <i>or</i> Developmental Psychology		3 3		

*Students in the Youth and Family Services concentration should take this course.

Core:

Course Prefix/ No.	Title	Trans. From	Units	Sem. Taken	Grade
<i>I. Foundations (6 units; required of all concentrations)</i>					
CAD 300	Professional Roles/ Careers in Child & Adolescent Development		3		
CAD 410	Applied Child & Youth Development		3		
<i>II. Family Systems (3-4 units)</i>					
AFRS 515	Black Family Studies		3		
CFS 325	Transitions in the Family Life Cycle		3		
COMM 515	Family Communication		4		
RAZA 510	Psychodynamics of Raza Family Structure		3		
SOC 464	Families & Society		4		
<i>III. Cultural Perspectives (3-4 units)</i>					
AAS 315	Chinese American Personality		3		
AAS 335	Japanese American Personality		3		

AAS 355	Psyche & Behavior of Pilipinos		3		
AAS 375	Vietnamese American Identity		3		
AFRS 215	Introduction to Black Family Studies		3		
AFRS 525	Black Child Development		3		
AFRS 678	Excellence & Equity: Black Children & Youth		3		
AIS 410	Perspectives of Native California Indians		3		
COMM 542	Intracultural Communication		4		
COMM 543	Dialogues Across Differences		4		
ISED 585	Cross-Cultural Education		3		
JS 340	American Jewish Identity & Family		3		
PSY 455	Cross-cultural Perspectives in Psychology		3		
RAZA 510	Psychodynamics of Raza Family Structure		3		
SOC 467/HMSX 667	Lesbian, Gay, Bisexual, Transgender, and Queer Cultures and Society		4		
WOMS 561	Women of Color in the U.S.		3		
<i>IV. Developmental Perspectives (6-7 units; two courses selected from two different topic areas)</i>					
Physical Dev.					
KIN 487	Motor Development		3		
Social Dev.					
EED 305	Nurturing Children's Social & Emotional Development in Culturally Responsive Early Childhood Settings		3		
PSY 433	Social, Emotional, and Personality Development		3		
REC 380	Developmental Play Processes		3		
SPED 671	Positive Behavior Support for Young Children		3		
Cognitive Dev.					
PSY 432	Cognitive Development: Language, Thinking, and Perception		3		
Comm. Dev ¹					
CD 655	Dynamics of Communicative Development		3		
COMM 508	Children's Communication		4		
E ED 616	Children's Language Development		3		
<i>V. Atypical Development (3 units) Young Child concentration students should take SPED330 or SPED370 (most recommended).</i>					
PSY 435	Behavior Problems of Children		3		
REC 445	Recreation Therapy & the Expressive Arts		3		
SPED 330	Introduction to Disabilities		3		
SPED 370	Young Children Disabled or At Risk & Their Families		3		
<i>VI. Research (3-4 units)</i>					
CAD 500	Action Research Methods in Child & Adolescent Development		3		
COMM 661	Communication Research		4		
PLSI/URBS 492	Research Methods (for Research & Public Policy Concentration only)		4		
<i>VII. Internship (4 units taken concurrently)</i>					
CAD 600	CAD Internship Seminar		2		
CAD 601	CAD Internship		2		
¹ These courses are included in the School Age Child & Family Concentration. Thus, students in the School Age Child and Family Concentration should not select this area to meet core requirements.					
Total Units in Core: _____ (28-33)					

Youth & Family Services

Course Prefix & No.	Title	Trans	Units	Sem. Taken	Grade
I. Introduction (Required)					
CAD 400	Community Youth Development		3		
II. Adolescent Development (3 units)					
CFS 321	Adolescents & Families		3		
PSY 430	Adolescent Psychology		3		
III. Specialty Areas (12-15 units)					
Health					
CFS 426	Family Crises		3		
CFS 428	Child. & Fam. w/Violence, Abuse, & Neglect		3		
H ED 315	Drugs & Society		3		
H ED 450	Policy Issues in Health Ed		3		
H ED 520	Health Promotion in Ethnic Communities		3		
H ED 660	Health Issues of Youth in Schools & Comm.		3		
RAZA 500	Community Health		3		
Human Sexuality					
BIOL 330	Human Sexuality		3		
PSY/HMSX 456	Psychology of Hum Sexual Behavior		3		
SOC 468	Social Aspects of Human Sexuality		4		
Recreation					
REC 300	Leisure Leadership		3		
REC 330	Arts & Crafts for Leisure		3		
REC 380	Dev Play Processes *		3		
REC 420	Leisure & Contemporary Society		3		
REC 430	Ecology of Outdoor Recreation		3		
REC 440	Urban Recreation		3		
REC 445	Recreation Therapy & Expressive Arts *		3		
Social Services					
CAD 625	Children, Youth, and Public Policy		3		
COUN 531	Conflict Resolution		4		
COUN 606	Intro to Peer Counseling Skills		3		
H ED 582	Homelessness: A Public Health Perspective		3		
PSY 525	Community Psychology		3		
SOC 452/CJ 470	Juvenile Justice		4		
SW 302	Introduction to Social Service Organizations		3		
SW 350	Child Welfare		3		
URBS/PLSI/SW660	The Roles of Nonprofit Org in Urban Life		3		
Gender & Identity					
COMM 503	Gender & Communication		4		
SOC 362	Soc Const. of Deviance & Conformity		4		
SOC 469	Gender & Society		4		
WOMS 533	Women, Men, and Cultural Change		3		
III Program Planning and Administration (3 units)					
REC/PA 370	Principles of Nonprofit Administration		3		
REC 400	Theory of Program Planning		3		
REC/PA 570	Dev & Mg Resources in Nonprofit Agencies		3		
Total units you will have completed in core when you begin your internship _____					
Total units you will have completed in concentration when you begin your internship _____					
Total units you will have completed in Prerequisites when you begin your internship _____					

Name: _____

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Total Units in Major (add Core and Concentration): _____ 49-59 units

General Education – Segment III

Cluster Title: _____

Category	Course Prefix & No.	Title	Used in Major	Units	Sem. Taken	Grade

Requirements:

- ◆ Upper division courses taken in residence (at SFSU)
- ◆ Begin course work during or after semester in which upper division junior standing is achieved (60 units) but NOT before
- ◆ Complete at least one course in cluster that is outside major department and major program
- ◆ Complete at least one course that fulfills Cultural, Ethnic, or Social Diversity (CESD) requirement

*** BL S classes are now listed as AFRS
 +++ SPCH classes are now listed as COMM
 ~~~ SPED 375 is now listed as SPEC 675