San Francisco State University  
CHILD AND ADOLESCENT DEVELOPMENT MAJOR 2016-2017

<table>
<thead>
<tr>
<th>Name: _______________________________</th>
<th>Student ID: _______________________________</th>
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<td>SF State Email: ______________________</td>
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**CORE Courses** - Required for all CAD majors

<table>
<thead>
<tr>
<th>Course Prefix &amp; No</th>
<th>Title</th>
<th>Transfer</th>
<th>Units</th>
<th>Sem. Taken</th>
<th>Grade</th>
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<tbody>
<tr>
<td>I. FOUNDATIONS - 9 units</td>
<td>(Each of the following courses is required)</td>
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<tr>
<td>☐ CAD 210</td>
<td>Introduction to Applied Child and Adolescent Development (GE: D1)</td>
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<td>3</td>
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<tr>
<td>☐ CAD 260</td>
<td>Child, Family, and Community: An Ecological Perspective (GE: D1, E1; AERM, GP, SJ)</td>
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<tr>
<td>☐ CAD 410</td>
<td>Applied Child and Youth Development</td>
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<tr>
<td>II. FAMILY SYSTEMS - 3 units</td>
<td>(Choose one)</td>
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<tr>
<td>☐ CAD 450</td>
<td>Understanding and Working with Diverse Families</td>
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<td>☐ CAD 460</td>
<td>Globalization and Family Relations (GP)</td>
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<td>III. RESEARCH – 3 units</td>
<td>(Required)</td>
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<tr>
<td>☐ CAD 500GW</td>
<td>Action Research Methods in Child and Adolescent Development (GWAR–UD writing requirement)</td>
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<tr>
<td>IV. SPECIAL TOPICS – 3 units</td>
<td>(Choose one)</td>
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<tr>
<td>☐ CAD 625</td>
<td>Child and Youth Policy</td>
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<tr>
<td>☐ CAD 650</td>
<td>Child Advocacy (currently not offered)</td>
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<tr>
<td><strong>Total units in Core</strong></td>
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<td>18</td>
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**Department Policies** – Please read

- All core and concentration courses for CAD major must be taken for a letter grade. Exception is internship which is CR/NC.
- Grade of C or better is required for all courses in major including core and concentration. Includes courses transferred from other colleges.
- CAD 210 and CAD 260 (or community college equivalents) must be completed with grade of C or better and ENG 214 (or equivalent) with a C- or better before enrollment in CAD 410, CAD 450 or 460, and CAD 625 or CAD 650. No concurrent enrollment allowed. Proof of community college equivalent courses is required with transcript.
- CAD 410 must be completed with grade of C and ENG 214 with a C- or better before enrollment in CAD 500GW. No concurrent enrollment allowed. Proof of community college equivalent for ENG 214 is required.
- Internships take place in final semester at university. The internship application must be submitted one semester prior to student’s final semester. See CAD website for specific deadline dates. [http://cad.sfsu.edu](http://cad.sfsu.edu) Minimum of 30 units must be completed in CAD core & concentration prior to start of internship. Includes all core Foundations courses and CAD 215 (or equivalent) in EC concentration.
# Youth Work and Out of School Time Concentration  
## Course Prefix & No | Title | Transfer | Units | Sem. Taken | Grade
--- | --- | --- | --- | --- | ---
### I. YOUTH and CONTEXT  3-4 units (Choose one)
- AFRS 678 Urban Issues of Black Children and Youth  
  - Transfer:  
  - Units: 3
- CJ470/SOC452 Juvenile Justice  
  - Transfer:  
  - Units: 4
- CJ 475 Intervention Policies in Juvenile Justice  
  - Transfer:  
  - Units: 3
- CJ485/LTNS485 Latina/o Youth, Crime, and Justice (GE: UD-D; SJ)  
  - Transfer:  
  - Units: 3
- RRS 480 Youth Culture, Race and Resistance  
  - Transfer:  
  - Units: 3
### II. YOUTH DEVELOPMENT - 3 units (Choose one)
- CFS 321 Adolescents and Families  
  - Transfer:  
  - Units: 3
- PSY 430 Adolescent Psychology (CAD 210, 410 ok as prereqs)  
  - Transfer:  
  - Units: 3
### III. COMMUNITY YOUTH DEVELOPMENT - 3 units (Required)
- CAD 400 Community Youth Development Offered Fall only  
  - Transfer:  
  - Units: 3
### IV. SPECIALTY AREAS – 9-10 units  Choose a total of 3 courses from Categories A-E below. Each course should be from a different category. See CAD faculty advisor for assistance.
#### A. Health
- CFS 426 Family Crises: Drug Dependency and Eating Disorders  
  - Transfer:  
  - Units: 3
- CFS 428 Children and Families with Violence, Abuse, and Neglect  
  - Transfer:  
  - Units: 3
- H ED 315 Drugs & Society (GE: UD-D, AERM, GP, SJ)  
  - Transfer:  
  - Units: 3
- LTNS 500 Latino/a Community Mental Health  
  - Transfer:  
  - Units: 3
#### B. Sexuality
- BIOL 330 Human Sexuality (GE: GE E1-LLD, UD-B)  
  - Transfer:  
  - Units: 3
- PSY/HMSX 456 Psychology of Human Sexual Behavior  
  - Transfer:  
  - Units: 3
#### C. Recreation
- RPT 300 Leadership in Recreation, Parks, and Tourism  
  - Transfer:  
  - Units: 3
- RPT 380 Developmental Play Processes (GE: GE E1, UD-D)  
  - Transfer:  
  - Units: 3
- RPT 440 Urban Recreation, Parks, and Nonprofit Services (GE: UD-D; AERM; SJ)  
  - Transfer:  
  - Units: 3
#### D. Social Services
- CAD 625 Children, Youth and Policy (do not choose if used in core)  
  - Transfer:  
  - Units: 3
- CJ 470/SOC 452 Juvenile Justice (do not choose if used in Area I above)  
  - Transfer:  
  - Units: 4
- SW 302 Introduction to Social Service Organizations  
  - Transfer:  
  - Units: 3
- SW 350 Services to Children, Youth & Their Families  
  - Transfer:  
  - Units: 3
#### E. Gender and Identity
- COMM 503 Gender and Communication  
  - Transfer:  
  - Units: 4
- SOC 469 Gender and Society (GE: UD-D)  
  - Transfer:  
  - Units: 4
#### V. PROGRAM PLANNING and EVALUATION - 3 units (Required)
- RPT 400 Programming in Recreation, Parks, and Tourism  
  - Transfer:  
  - Units: 3
VI. *CULMINATING EXPERIENCE - 4 units* (Required; must be taken together in last semester at university)

*Until further notice, YWOST students should sign up for the following internship courses.*

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<tr>
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<tbody>
<tr>
<td>CAD 600</td>
<td>CAD Internship Seminar</td>
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<tr>
<td>CAD 601</td>
<td>CAD Internship</td>
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Total units in concentration: 25-28

**Course Numbering** – Courses numbered between 100-299 are Lower Division courses. Courses numbered between 300-699 are Upper Division courses. Lower Division courses cannot be used in substitution for Upper Division courses.